



Club Newsletter

Hi Folks,

It's me (Rod) again, George has had to step down as newsletter editor due to pressures of work (the kind you get paid for....not this!) so I've filled the breach on a temporary basis while we look for a replacement...any volunteers? Please let me know if you are interested and I'll be able to offer plenty of help to get you started.

This newsletter covers the period since the start of the New Year and will have to be a little more general in nature than usual so apologies to anyone who doesn't get mentioned that thinks they should do but I've only just picked this up and need to get something out quickly.

Here's what been going on lately;

Welcome New Members

Euan Stronach

Nigel Brockton

Debora Abrams Wright (for the CTC)

The Intra team Challenge (ITC)

<http://www.gffl.myzen.co.uk/sub7/challenges-comps/sub7-view-challenge-results>

It's the 10k for March so enjoy the bum numbing folks!

Well done to January and February's winners as well as all those who took part and maybe improved their performance from last year. Just click the link and login for all the info.

The Cross Team Challenge

(CTC)

<http://www.c2ctc.com/>

We're still getting more boats out than anyone else but the new French team are pushing us close so please make sure you support your club by entering a time, it doesn't have to be flat out, it's bums on seats that count!

Birthdays

Happy Birthday to all who've recently celebrated another year, fit and well, here on Planet Earth!

Richard Collins.....Unfitandfat.....52

Glynn Powellthebiggfella (45)

Steve Berridge.....Bezza.....45

Penny Bates.....Winstonsmum.....40 (Shhh!)

Competitions

Boston

A few hardy members went over to the World Championships and competed with great distinction;

Carol Woodward got a Gold in the ladies 55-59 Lwt,

Marjorie Roome got a Gold in the Ladies 60-65 Hwt

Richard Cheeseman got a Silver in the Men's 55-59 Hwt

James Howard was 4th in the Men's 50-54 Lwt

Kimberley Naylor –Perrot was 16th in the Womens 40-49 having bravely fought her way back from serious illness and putting in a tremendous performance to get under 8 minutes!

Manchester



Lucy in action at EIRC

Here are the provisional results (full report will be in the next newsletter early in April);

<http://www.hollingworthlakerowingclub.co.uk/images/stories/events/eirc2014-provisional-results.pdf>

The Chat Thread

<http://therowingcompany.com/forum/viewtopic.php?f=12&t=23936&start=13275>

Don't forget folks, this is where we 'meet' (in the cyber sense) it's our 'clubhouse' so we need to keep it busy for the club to survive and thrive! It's always good to just post a short report on the training session you've done that day/evening then look at who's posted something recently that you can make some positive comments on....it's easy...a bit about you...then some "well done's" to teammates.....*That's it for now, happy*

rowing folks...